

Neerim District Secondary College

News and Views

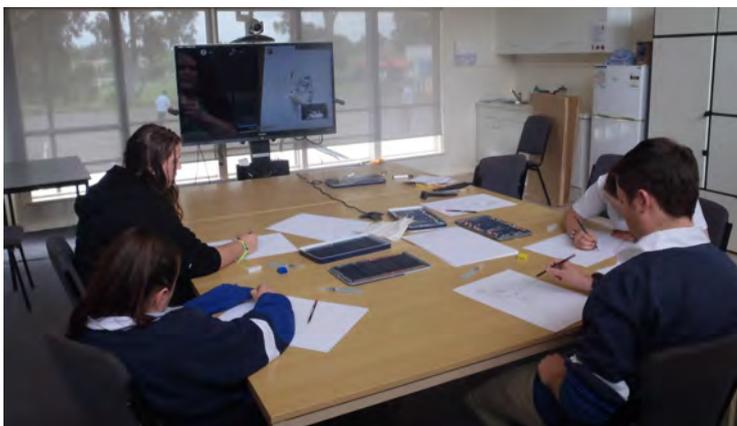


February 10 2017

PO Box 18 Neerim South, Vic 3831 Phone: (03) 5628 1455 Fax: 5628 1629 Email: neerim.sc@edumail.vic.gov.au Web Address: www.ndsc.vic.edu.au

THE ENHANCE PROGRAM

The Enhance Program is an exciting new initiative by NDSC. Our aim is to provide talented students with access to amazing learning opportunities in addition to their regular studies. These enrichment activities cover all learning areas and will include: tutoring, attending Summer School, on-line lessons, workshops provided by universities and galleries, mentoring, visits and camps.



SCHOOL PHOTO DAY ON FRIDAY 17TH FEBRUARY

All students should have received materials in preparation for this. Students hand their order envelopes directly to the photographers on the day. If Parents wish us to hold these at the office, we are able to do that and will hand them to your son/daughter on the day.

Full uniform is required on that day. Spares are available from the office.

MISSING TABLE

One of the tables from our road-side shelter has gone missing. It is a single piece, metal table with attached bench seats. If you know anything about this, please contact the College on 5628 1455.

OUR SPONSORS

We would like to thank all of our generous sponsors for their support throughout this year. With your continued generosity and commitment we have been able to improve the educational opportunities available to students. We strongly encourage our parents and the wider community to please support these wonderful local businesses that sponsor our school so well.

<p>DEJA-VU HAIR & BODY Phone 5628 1513 129 Main Road, Neerim South 3831</p>	<p>THE OUTPOST Restaurant Tasteful Bar/Bistro Accommodation RETREAT NOOJEE</p>	<p>Jan Mills INDEPENDENT LINGERIE STYLIST 0400 232 804 jan.mills@lovintimo.com.au WWW.INTIMO.COM.AU FACEBOOK.COM/LOVENTIMO <small>PERSONAL SPA FITTING AND STYLING SERVICE LINGERIE AND LINGERIEWARE 35A-402, 30/34 WEAR 14 SQUARE 114 CHERRY + ASH AVE HOW</small></p>	<p>Neerim South Hotel Bar Bistro Bottle Shop 91-109 Main Neerim Rd Neerim South Ph: 5628 1431 Fax: 5628 1093</p>
<p>Neerim District Community Bank Branch Bendigo Bank</p>	<p>Neerim South Milk Bar and Takeaway 133 Main Neerim Rd Neerim South Ph: 5628 1454</p>	<p>THRIFTY-LINK HARDWARE <i>Nothing's too hard.</i></p>	
<p>NEERIM SOUTH IGA plus LIQUOR 147 Main Neerim Rd, Neerim South VIC 3831 Ph 5628 1462</p>	<p>Little Flea Store Neerim South</p>	<p>If you wish to become a sponsor please contact Mr Stuart Nicolson at the school on 5628 1455 to discuss.</p>	

PRINCIPAL'S REPORT

Dear Parents and Students,

Welcome back to a new school year at NDSC. We have had an exceptional start to the year with students and staff demonstrating a real excitement for learning, the learning coach role and the ENHANCE program. We have had a number of students put their hands up to undertake leadership roles within the school – well done and congratulations to these students.



I would like to draw parents attention to the information in the newsletter regarding student absence and attendance. Quite frankly, we need to do better. Unless students are seriously ill, they should attend school. Every day of learning that a student misses is a day lost. There is no safe level of student absence. If you want the best for your child, they need to be at school on time every day. 80 -90% attendance still means that students are missing between 20 – 40 days of school (4-8 weeks!) Future newsletters will also offer strategies and advice for parents on getting your child to school on time every day.

Vaya Dauphin
College Principal

ATTENDANCE

For every day you miss, your learning is affected; there is no safe level of school absence.

In 2016, the average days of student absence at NDSC by year level were as follows:

	School 2016 (<u>average days absent</u>)	State 2016 (<u>average days absent</u>)
Year 7	23.20 (nearly 5 weeks of absence!)	16.17
Year 8	15.57 (3 weeks!)	20.09
Year 9	18.45 (over 3 weeks!)	21.81
Year 10	26.79 (over 5 weeks!)	19.38
Year 11	19.14 (over 3 weeks!)	17.04
Year 12	15.69 (over 3 weeks!)	17.22



Key: green indicates better than state average, red indicates worse.

Collation of each student's data from 2016 shows us that we have a large group of students who attend somewhere between 80-90% of the time, this equates to 20-40 days absence a year; this is between 4 – 8 weeks of learning they miss!

Raise your child's attendance – raise their chances! Every Day Counts!

In 2017, we want to increase our students' chances of success – this begins with them being at school.



CALENDAR OF EVENTS

Dates to Remember		
February	Wednesday 15	Year 7 Parent BBQ
	Friday 17	School Photo Day
	Monday 20	Swimming Sports
	Wednesday 22	Immunizations
	Thursday 23	Year 9 - Royal Botanical Gardens & Koorie Heritage

NDSC NEEDS PARENTS

NOTICE OF ELECTION AND CALL FOR NOMINATIONS, NEWSLETTER 9TH FEBRUARY, 2017

An election is to be conducted for members of the **School Council** of Neerim District Secondary College.



Self-Nomination and Nomination forms are available from the school office, or upon request can be posted or emailed and must be lodged by 3.30 pm on **Thursday, 23rd February 2017**.

Following the close of nominations a list of the nominations received will be posted on the school's website and via Compass. The terms of office, membership categories and number of position in each membership category open for election are as follows:

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted on the school's website www.ndsc.vic.edu.au

Membership category	Term of office	Number of positions
Parent member	From the day after the date of the declaration of the poll in 2017 to and inclusive of the date of the declaration of the poll in 2019.	6

After close of nominations, the school will also determine whether a ballot is required, i.e. there are more nominations than there are vacant positions. At this time, if required, ballot papers will be sent home on **Friday 24th February, 2017**.

The ballot will close at 3.30 pm on **Friday, 3rd March 2017**.

Vaya Dauphin
College Principal

LEARNING COACHES

Our Home-groups have been now divided into smaller units and each has been assigned a learning coach. Your son/daughter will now know who will be their personal coach. Together they will:

- Monitor GPA scores
- Attend to general progress
- Address any issues faced.
- Celebrate student achievement in all areas of school.

CONVEYANCE ALLOWANCE

Contact Stuart Nicolson at the College if you wish to apply for consideration for this program. To be eligible you need to:

- Hold a current Health care card.
- Be attending your nearest school
- Live more than 4.8 km from school and
- Live more than 4.8 km from the nearest available bus service.

OUR SPONSORS

A big thanks to all of our generous sponsors for their support throughout the year. Please support the wonderful local businesses that sponsor our school so well.

<p>QUALIFIED DOG TRAINER Group Obedience & Socialisation Classes Private One on One Training Boarding and Training cherokeespetcare@hotmail.com</p>	<p>GIPPSLAND PEST MANAGEMENT PH: (03) 5625 4764 MOB: 0458 003 430</p>	<p>AUSTRALIA POST Nam Nguyen 123 Main Road Neerim South 3831</p>	<p>The Country Bean Café Main Neerim Road Neerim South Vic 3831 5628 1155</p>
<p>Thai Restaurant & Take away, 115 Main Rd, Neerim South. 5628 1064</p>	<p>Serigraph GALLERY 157 Main Road Neerim South 5628 1519</p>	<p>CHARTERED AUGUST 30th 1960 NEERIM DISTRICT LIONS CLUB</p>	<p>S.D.A. Stewy Davis Automotive Mechanical and Electrical Repairs Professional and Personal Touch www.stewydavisautomotive.com.au 37-39 Queen Street Neerim South 3831 Phone: (03) 5628 1104</p>



SPONSOR OF THE WEEK

NEW SPONSORS

WELCOME

For \$30 of sponsorship you get year round support via 20 newsletters. As well as one "Sponsor of the Week" that highlights your business. Contact Stuart Nicolson for details

RELAY FOR LIFE



NDSC has entered a team to participate in the annual "Relay for Life" event, to be held on Saturday 18th March at the Warragul Cycling Club Velodrome, Alfred Street Warragul.

"Relay For Life is a fun and moving overnight experience that raises vital funds for the Cancer Council's research, prevention, information and support services" – relayforlife.org.au

If you are interested in joining our team, there are two ways to do this:

1. Visit <http://fundraising.cancer.org.au/> and search for "NDSC" in the team section, and then select "join our team".
2. Students can bring \$20 to school and we can sign them up to the event.

Students, parents, staff and the NDSC community are welcome to join our team. Please contact Miss Hopkins with any further questions.

AAA AWARD

The AAA award rewards consistent effort and citizenship in our students and recognizes the contribution that they make to the life of the College.



This week's winner is Kyle Clarke of Year 11. Kyle was nominated by all VCAL staff for his excellent leadership and initiative.

Congratulations Kyle, a reward is on its way to you courtesy of the Walter Haines Foundation.

SCHOOL PHOTOGRAPHS FOR 2017

School photographs will be taken by **Spargo Photography** on **Friday, 17 February 2017**.

To ensure that your photos are returned as quickly as possible, please follow these quick and easy guidelines.

- Please write clearly on your child's envelope (Block letters preferred)
- If possible please don't use small change as this can break or fall out of your envelope, if this is not possible, please tape up the sides or put the money in a freezer bag then inside your envelope.
- For online orders, complete an envelope and record the Order Number in the "online Order#" section on the envelope.
- All children must have their own envelope with them when being photographed.
- **Do not** use one envelope for multiple children.
- Children without an envelope when having their individual photos taken will not have an order placed against their name.
- For Family/Siblings & Friends Portraits please see your school office for an information flyer and red family envelope.
- **Do not** place a family envelope inside another envelope or an individual envelope.
- We will only photograph family/siblings with a completed family envelope.

ONLINE PRE-ORDER

We now provide you with the flexibility of pre-paying your child's photos online. Simply follow the links below to place your order. Once completed, print out your confirmation invoice and include in your child's envelope.

If you have any inquiries, please contact us on 5942 5234

Year 7 Barbecue **Wednesday February 15th**



Students stay on at school for a homework session
Attend our barbecue and meet your child's teachers
and learning coach

Time	What's happening:	Who?
3:20	After school snack and games	Students and teachers
4:00	Homework skills and homework	Students and teachers
5:00	Sausage sizzle	Students, parents and teachers
6:00	Brief meeting and welcome	Students, parents and teachers

Of course parents are welcome anytime. Volunteers to run the barbecue would be greatly appreciated. Could you please indicate how many will be coming on the reply slip below. Also please let us know if there are any dietary requirements. This should be returned to the school by 9am Monday 13th Feb, whether or not you are able to attend.

Jeff Lockier
Middle Years Leader

Student Name: _____

The _____ family will/will not be attending the year 7 barbecue on February 15th.

We will have _____ people attending.

Parent's Signature: _____

VCE SUMMER SCHOOL PROGRAM

Late last year, Mr Handley and his VCE Art class took part in an on-line portrait workshop with a professional artist and in January of this year, Maddi Jeffries, (one of our talented Year 12 students), spent a week participating in a VCA Summer School program. Maddi shares her experience and some of her work below.



During the holidays, I was given the opportunity to attend the Victorian College of Arts Summer School to study painting. From the 9th to 13th January, I travelled to the Southbank campus in Melbourne. During the week, we learnt various techniques such as glazing, retractive painting, colour mixing and how to paint in a photorealistic style. The course was fantastic. I found areas in which I could improve, got help working on them, and made a new friend as well.

The most useful thing I learnt during the week was how and why different brush strokes are used to add different effects to the painting.

Maddi Jeffries



87th ELLINBANK TWILIGHT SPORTS

Presented by Ellinbank Hall Committee

Friday February 24th 2017 at the Ellinbank Recreation Reserve

Sausage Sizzle available from 6:00pm. Events starting 6:30pm sharp.

Entry: Gold coin donation

We would like to thank our major sponsors:



Event	Age	Prize	Event	Age	Prize
Obstacle race	Open	\$2 \$1 50c	Boys flat race	9	\$1 50c 20c
Obstacle race	14&15	\$1 50c 20c	Boys flat race	8	\$1 50c 20c
Obstacle race	12&13	\$1 50c 20c	Boys flat race	7	\$1 50c 20c
Obstacle race	10&11	\$1 50c 20c	Boys flat race	6	\$1 50c 20c
Obstacle race	8&9	\$1 50c 20c	Boys flat race	5	\$1 50c 20c
Obstacle race	6&7	\$1 50c 20c	Boys flat race	4	\$1 50c 20c
Obstacle race	4&5	\$1 50c 20c	Boys flat race	Under 4	\$1 50c 20c
Obstacle race	Under 4	\$1 50c 20c	Ladies over 40 50m		\$5 \$3 \$2
Girls flat race	15	\$1 50c 20c	Mens over 40 70m		\$5 \$3 \$2
Girls flat race	14	\$1 50c 20c	Ladies flat race		\$5 \$3 \$2
Girls flat race	13	\$1 50c 20c	Ellinbank Gift 120m		Sash \$15 \$10 \$5
Girls flat race	12	\$1 50c 20c	Boys & Girls sack race	14&15	\$1 50c 20c
Girls flat race	11	\$1 50c 20c	Boys & Girls sack race	12&13	\$1 50c 20c
Girls flat race	10	\$1 50c 20c	Boys & Girls sack race	10&11	\$1 50c 20c
Girls flat race	9	\$1 50c 20c	Boys & Girls sack race	8&9	\$1 50c 20c
Girls flat race	8	\$1 50c 20c	Boys & Girls sack race	6&7	\$1 50c 20c
Girls flat race	7	\$1 50c 20c	Boys & Girls sack race	4&5	\$1 50c 20c
Girls flat race	6	\$1 50c 20c	Ladies gumboot throw		\$5 \$2 \$1
Girls flat race	5	\$1 50c 20c	Boys & Girls potato race	14&15	\$1 50c 20c
Girls flat race	4	\$1 50c 20c	Boys & Girls potato race	12&13	\$1 50c 20c
Girls flat race	Under 4	\$1 50c 20c	Boys & Girls potato race	10&11	\$1 50c 20c
Boys flat race	15	\$1 50c 20c	Boys & Girls potato race	8&9	\$1 50c 20c
Boys flat race	14	\$1 50c 20c	Boys & Girls potato race	6&7	\$1 50c 20c
Boys flat race	13	\$1 50c 20c	Boys & Girls potato race	4&5	\$1 50c 20c
Boys flat race	12	\$1 50c 20c	Ladies & Girls race 400m		\$10 \$5 \$2
Boys flat race	11	\$1 50c 20c	Boys 400m		\$5 \$3 \$2
Boys flat race	10	\$1 50c 20c	Mens 800m		\$10 \$5 \$2

Age is calculated as at the day of the sports. Events may change on the night.
A warm welcome is extended to newcomers in the district.

FIRST AID



Would all parents/guardians of students who have asthma make sure they have filled out asthma plans for school. This is now a requirement by the department of Education to ensure that all staff have a knowledge of each individual student & their personal asthma plans.

IMMUNIZATIONS



Please make sure that all immunization cards have been returned to the school or to the Baw Baw Shire asap. Please note that if your child is not being immunized at school you still need to return the blank forms with child's name. First round starts on February 22.

Thanks

Lee Pattinson - First Aid Co-ordinator

SCHOOL NURSING UPDATE:

TOPICS: Teenagers and Depression & Anxiety.

Young people can feel anxious and depressed for all sorts of reasons and their moods can vary, from feeling a bit miserable to feeling overwhelming sadness and hopelessness. Around 20 per cent of teenagers experience depressive moods. Although it is sometimes more difficult to communicate with someone who is feeling low, it is important not to ignore a young person's feelings. Knowing that family and friends care and are willing to give support can be the first vital step to getting better.

Young people at risk

Anxiety and Depression can affect anyone, but some teenagers are more likely to become depressed if:

- They have a close relative who has suffered from depression,
- They have had a major life stress or several stresses.
- A major life stress can be family break-up, school failure, bullying, experience of prejudice and social isolation because of sexual preferences, loss of a parent, accident, broken relationship or moving to another area.

Where to go for help

Apart from *parents / family members*, young people can talk with several people at school including their *teacher, welfare coordinator or the school nurse*.

Local doctor – young people can be obtain a mental health care plan which is a plan made by your doctor for treating anxiety or depression over time.

Your GP will work with you to assess your mental health, work out what help you need, set goals and choose the treatment that would be best for you. Your GP will also discuss options for treatment and advise you about any other services that might help you, for example a psychologist or a counselor.

There are lots of support services on the internet that you could use to start a plan action in managing the early stages of anxiety or depression. The sooner you seek some help the more likely the symptoms will improve.

Internet –

<http://www.betterhealthchannel.com.au> ,

www.beyondblue.org.au ,

<http://www.youthbeyondblue.com>